

# CANDo® Knee Scooter

## User Manual

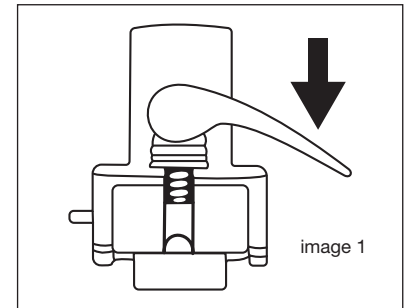
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**Note: Read all instructions before using the knee scooter.**

**⚠ CAUTION: Please read before use.**

The CanDo® Knee Scooter is a medical device designed for individuals with lower leg injuries. It is not a toy or recreational scooter. Please read these important cautions before using your Knee Scooter:

- **Knee Pad Assembly:** You must ensure the knee pad height adjustment knob screw is tight and secure before use to prevent injury
- **Handle Bar:** You must ensure the handle bar height adjustment knob screw is tight and secure before use to prevent injury
- **Steering Column:** You must ensure the steering column safety lock is secure and in the locked position before use to prevent injury (see image 1)
- **DO NOT** use if you have difficulty with balance.
- **DO NOT** use to assist with standing from a seated position.
- **DO NOT** use on stairs, steps, moving walkways, escalators, or in the bath/shower.
- **DO NOT** use over curbs, uneven ground, drops, or barriers.
- **DO NOT** use to go faster than a slow walking pace when using inside or outside.
- **DO NOT** turn the unit sharply while in motion.
- **DO NOT** turn at speeds over 1 mile per hour; always have one foot on the ground.
- **DO NOT** stand or sit on the unit.
- **DO NOT** use on soft or uneven terrain.
- **DO NOT** use on areas with a slight incline (over 15 degrees).



**LATEX CAUTION:** This product contains natural rubber latex which may cause allergic reactions.

**Consult your physician before using.**

You should consult with your doctor/medical practitioner if you have any health concerns before using the CanDo® Knee Scooter.

**Maximum user weight: 300 lbs. / 136 kg**



## Operating the Knee Scooter

The CanDo® Knee Scooter is a mobility solution that offers superior strength and comfort to individuals with an injury below the knee, and helps them regain their independence. It helps keep the body in balance with support from both the scooter and non-injured leg, and evenly distributes weight for a more comfortable ride. The scooter has a cushioned knee pad, ensuring no pressure is placed on the injured leg.

Experience effortless turns and smooth, secure stops with this device's simple steering capabilities and integrated brakes. Take control of your journey in complete safety!

- The injured leg should rest in the center of the knee pad and cover the full length of the knee pad.
- With the injured leg on the knee pad, stand straight and adjust the knee pad and handlebar height as necessary.
- Start out with small steps, using your non-injured leg to move yourself forward on the scooter. Focus on keeping the non-injured leg as close as possible to the knee pad to maintain your balance.

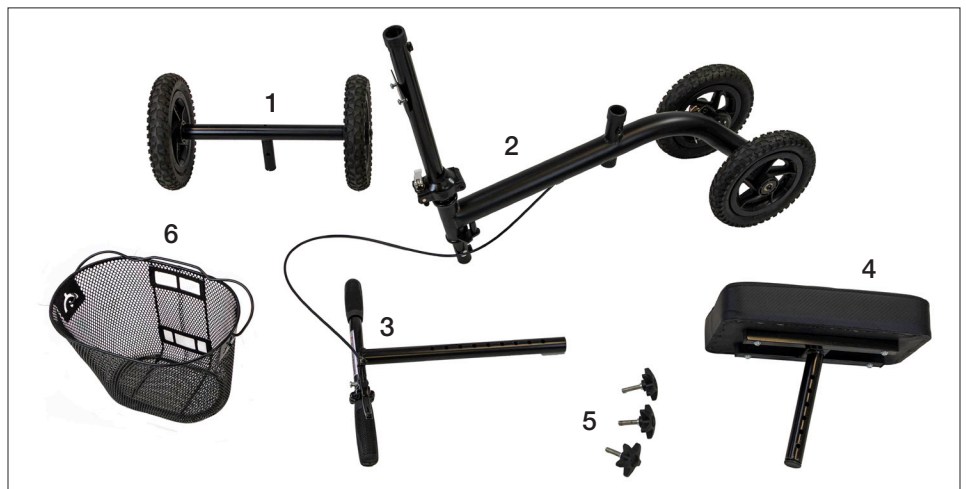


## Assembly Instructions

### Step 1: Unpack your Knee Scooter

NOTE: No tools are required

- Put together the knee scooter on a flat, stable surface
- Remove knee scooter parts from box
- Check all the parts are included:
  1. Detachable front wheel frame
  2. Walker frame
  3. Handlebar
  4. Knee pad platform
  5. (3) Adjustment knob screws
  6. Wire basket



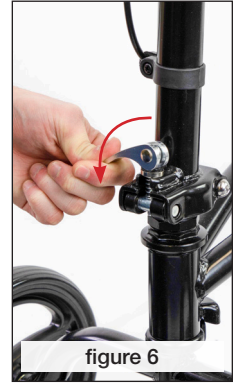
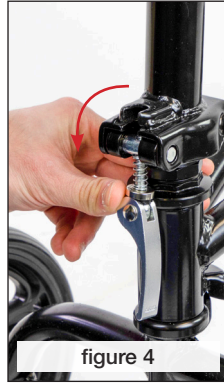
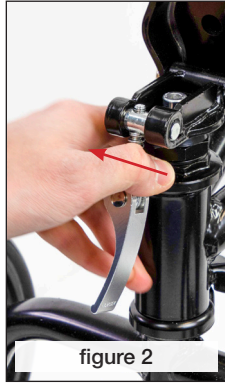
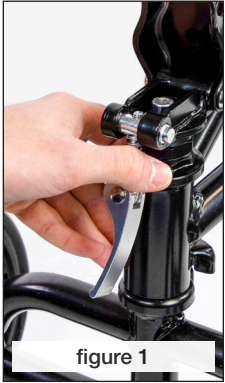
### Step 2: Attach walker frame to detachable front wheel frame

1. Slide the Walker Frame into the Detachable Front Wheel Frame.  
*Note: When attaching the Walker Frame to the Detachable Front Wheel Frame, ensure both L stickers are aligned on the same side.*
2. Secure using one of the adjustment knob screws. Make sure the adjustment knob screw is screwed in from the side opposite from the bolt.



### Step 3: Secure the Steering Column into a Vertical Position

1. Push the steering column lock to the side (fig. 1 and 2) then move the steering column down over the steering column lock (fig 3). Release your hold on the steering column lock to secure the steering column (fig 4) in place.
2. Lift up the steering column lock vertically (fig 5) then press down on the steering column lock handle to lock the steering column in place (fig 6).



### Step 4: Attach Handlebar to Walker Frame and Determine Handlebar Height

1. Slide the handlebar into the handlebar holder on the walker frame, making sure the brake lever is facing towards the front of the unit.
2. Raise or lower the handlebar until it is lined up with the steering column hole at your desired height.
3. Place the adjustment knob screw back through the hole and turn it clockwise until it is tight to secure the handlebar. Make sure the adjustment knob screw is screwed in from the side opposite from the bolt.



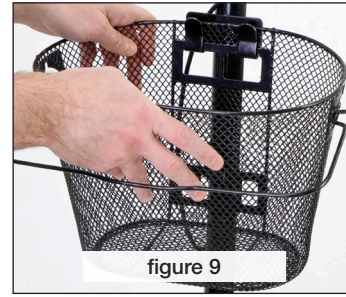
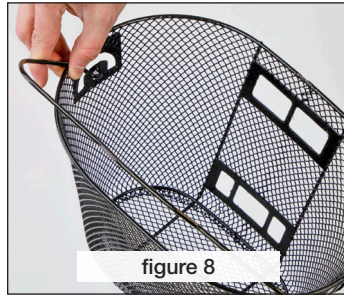
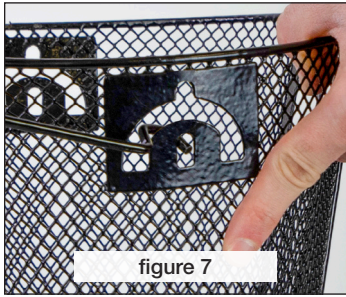
### Step 5: Attach Knee Pad Platform to Walker Frame

1. Slide the Knee Pad Platform into the holder on the Walker Frame, orientated so that the knee pad is parallel with the walker frame.
2. Determine your knee pad height. This should be set at a level that allows you to stand upright with your knee centered on the pad and your weight comfortably balanced.
3. Secure pad in place using one of the adjustment knob screws. Make sure the adjustment knob screw is screwed in from the side opposite from the bolt.



## Step 6: Install Wire Basket

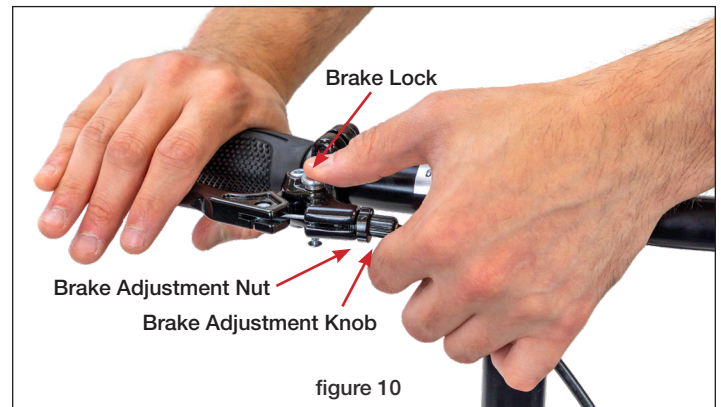
1. Attach the basket handle to the wire basket by holding the handle outside the basket and sliding it into the top of the semi-circle cutout on the basket. Then, feed the hook of the handle through the middle basket hole to secure in place (fig 7 + 8).
2. Align the basket over the vertical brackets on the steering column. Slide basket down over the brackets to secure in place (fig 9).



## Using the Hand Brake

If the braking system is not working properly, **DO NOT** use the CanDo® Knee Scooter.

1. Squeeze the hand brake towards the handle bar to use the brake. This functions just like a brake on a bicycle.
2. Lock the brake in place by squeezing the hand brake and pushing down on the spring-loaded brake lock button on top of the hand brake at the same time (fig 10). When you remove your hands, the button should remain down and locked in place.
3. Release the brake lock by re-squeezing the hand brake. The braking button should pop up, releasing the locked brakes.



### NOTE: Adjust the Braking Strength

- Locate the brake adjustment knob on the hand brake (fig. 10). Turn the knob counterclockwise to increase the braking strength. Turn the knob clockwise to decrease the braking strength. Keep the brake adjustment nut tight against the hand brake.
- Repeat these adjustments on the other end of the braking system (by the wheels) if further adjustment is needed.
- As the brake adjustment knob and brake adjustment nut get closer together, the braking strength will decrease. As the brake adjustment knob and brake adjuster nut get farther away from each other, the braking strength will increase.

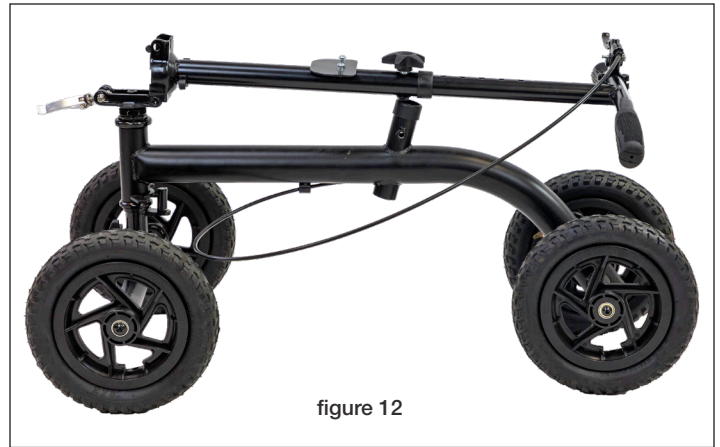
## How to use Knee Scooter

- Always engage the hand brake lock before getting on or off the knee scooter (fig. 10).
- Grasp the handlebar grip and rest the knee of your injured leg on the center of the knee pad. Balance your weight between the knee rest and your uninjured leg. (fig. 11)
- Squeeze the hand brake to release the hand brake lock and use your uninjured leg to push the knee scooter forward using controlled steps.
- Keep your body weight centered over the knee pad as you move. Never go faster than a slow walking pace (about 3 miles per hour).



## To Fold Steering Column

1. Pull back the steering column lock handle to loosen it (fig 6). Then, pull down the steering column lock vertically.
2. Push the steering column lock to the side (fig. 1 and 2). Then, pull and unfold back the steering column (fig. 12).



## Safety and Maintenance

### Safety Instructions

- Take slow, controlled strides and make turns slowly when using your knee scooter.
- Be aware of changing surfaces. Moving between hard floors and carpeting can affect your balance.
- Be especially aware of inclines and go very slowly. The rear wheels may slide on carpeted or slick, inclined surfaces even when the brakes are fully engaged.
- Navigate surface changes by allowing the front wheels to roll over the surface change one wheel at a time.
- Avoid any area that will compromise your balance or control.
- Use caution when approaching uneven terrain like pavement gaps, doorway thresholds and door mats.
- Avoid uneven surfaces like gravel, grass or loose dirt, which can compromise your balance and stability.
- **DO NOT** reach across the handlebar or drastically shift your weight on the unit. Be sure to keep your weight centered over the knee post at all times.
- **DO NOT** use in extremely wet conditions.

### Safety Check List

- Make sure all adjustment knobs are tight before use.
- Test the hand brake and parking brake. The rear wheels should not rotate when the hand brake is fully engaged. The hand brake should apply increasing resistance as the handle is squeezed.
- Test the steering by turning the handlebar to the left and right, and check that the wheels are turning in correct alignment with the steering.

### Cleaning and Maintenance

The knee scooter is a medical equipment device and needs regular maintenance.

- Keep the knee scooter stored indoors to avoid moisture and rust.
- Clean the knee scooter surfaces and wheels with a mild cleaning solution and damp cloth. **DO NOT** use a water hose or power sprayer to clean the knee scooter.
- Check tires routinely for damage.
- Check the knee rest pad for cushion deterioration.
- Make sure all nuts and bolts are tight.